

DID YOU KNOW?

Preventing Back Pain Injury

- Plan ahead what you want to do and do not be in a hurry.
- Position yourself close to the object you want to lift.
- Separate your feet shoulder-width apart to give yourself a solid base of support.
- Bend at the knees.
- Tighten your stomach muscles.
- Lift with your leg muscles as you stand up.
- Don't try to lift by yourself an object that is too heavy or an awkward shape.
- Get help.

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A Word From Mike...

Mike McElhinney

On Friday, July 29th we dedicated our new work program's warehouse in the memory of Charlie Parks, a member of our board of directors for almost 25 years. Charlie died suddenly at home about one year ago. We had asked him before his death if he would like us to organize a building dedication but he always said no. (I think he was afraid he might become too emotional; he had done so at a past event.) So when his wife and two daughters called me several weeks ago and said they were now ready for the dedication

ceremony, I was very pleased.

As many of you heard during the ceremony, Charlie was a WWII pilot, an engineer and senior executive with Union Carbide in Oak Ridge for many years, a devoted family man, a Rotarian, a gentleman farmer, and a devout churchgoer. But he was also a volunteer for Michael Dunn Center, and we were very lucky he gave so much of his time and talent to support us.

Charlie's interest and passion was to provide opportunities



Charlie Parks

for people with disabilities to work.

Charlie was old school—he understood the importance of work to the mental and physical well being of people. He saw that people were happy when they had productive, meaningful work to do, and how proud they were of their paychecks. He knew that work helped build confidence and self esteem.

(Continued on page 8)

Keeping the Sparkle

Roger Richmond

During the recent dedication of the new Charlie Parks Work Programs building, while visiting with Jim Henry, Commissioner of the Department of Intellectual and Developmental Disabilities (DIDD), I had the opportunity to introduce him to

Michaele Butler. Jim's immediate comment to Michaele was, "I can see the sparkle in your eyes! That's exactly what we need- more people in this field that have that sparkle."

There is a lot of truth in that statement and, if not a les-

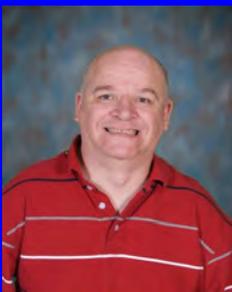
son to be learned, certainly a reminder of the importance that we all keep the sparkle in our work. We may not always have a sparkle in our eyes, but we should always strive to keep the sparkle in our hearts and in the dedication to our work that service recipients so greatly deserve.

Of course, sometimes we get frustrated. The economy is bad, funding is down and budget cuts are upon us.

(Continued on page 4)



Brian Phillips



SEE MY FRIENDS

Brian Phillips

Let me start off by introducing myself. My name is Brian Phillips and I am house manager at the McCuiston House.

I have been an employee of the Michael Dunn Center on and off for about eight years. I have been with the McCuiston house about six of those years.

I started off nervous and blind, as many of us do in this field, at the Tanglewood Home, which most of you know as CR Lay House. I worked there almost a year and, due to school, I had to transfer to a different shift.

I then moved on to Rockwood House and Mt. View House, alternating. That is when I first met Ronnie F., **who I'll get to later.** I worked at these two homes for about four months.

Then I was approached by my supervisor and asked if I could work in a home with Jimmy M., who at the time was a level six and needed men staff, due to explosive behaviors. But we will get to that soon.

I was nervous, but I wanted to go where I was needed, so I took the leap

and went. My first day with Jimmy was very fast paced! I came in and as soon as I was done talking with the then-house manager and she left, I soon found out why men were needed at this home! I walk in, and the windows are Plexiglas, the house looked bare and the walls had holes everywhere.

I was a little intimidated, I am not going to lie. But then I walked around the corner and there he sat, in his rocking recliner, with a Mt. Dew and a bag of skittles.

Wow- not what I imagined! He was all smiles, and greeted me with the famous, "Hidee". I introduced myself, and that started a life-long friendship that took me on an adventure of a life time. I literally have bled, cried, and sweated with this man. We have had a lot change and a lot happen in the between, but I will focus now on the positive. Jimmy has done a complete 180 since I first met him.

He was severely overweight and had a lot of dental problems, and the behaviors were horrific, but now you can come by

on any given day and you will still get the famous "Hidee" greeting, but the dangers have dramatically decreased. Jimmy now is at a good weight and able to visit places and be more active in the community, due to hard work from a great bunch of staff, but overall I give the credit to Jimmy. He likes to go to the Mall and YMCA weekly. He still loves his play dough and swinging and he always loves having ice tea with lemon.

Now, my next guy that lives at the McCuiston House is Chuck T. or as we all call him "Chucky Bear". Chuck came to the McCuiston House with the same bio as Jimmy. He was aggressive and had self-abusive behaviors and had hurt staff in the past.

So here we all were, thinking, "OH, NO! Not two with behaviors! We are going to get hurt!" Well, that couldn't be further from the truth. Chuck came to us and instantly fit right in. Chuck was severely overweight, too, and had bad knee problems. He was in need of surgery to his knee, but was too overweight to have the procedure done.

Friends, continued

So when he came to us, not only was it our job to protect him and ourselves if he had behaviors, but we had to get his weight down and soon.

We thought, "No way possible". Let me tell you- this man is a work horse. He started losing weight right away and never stopped. He exercised and walked at the YMCA everyday with staff and, though, it took a while to get adjusted, he did. He has lost over hundred pounds since he has been with us.

Chuck came to us in January, 2008, and, since then, has had knee replacement surgery and physical therapy and fully recovered. He walks on the treadmill twice daily, every day. He orders salads when we go out to eat, instead of the Big Mac he wanted when he came to us.

Chuck is an inspiration to me and has touched my heart forever! He enjoys AMC and TV Land on TV and, in his free time, he cuts coupons and exercises and gives all of us a hard time and he finds it amusing!

Last, but never least, we

have Ronnie F. Ronnie also has a history of aggressive behavior and hurting people and himself. So, when Lin Sims came to me and asked me what I thought about moving him in with Chuck and Jimmy, I was really nervous to say the least. I looked at her like she had lost her mind and she **said, "Crazy as I may be or may sound, it will work. Watch and see". I had a lot of respect for her, and still do, so I said, "If you say so".**

Well, the first couple weeks were sketchy. He tried all of us and had several behaviors at the beginning, but soon enough he adjusted and became another family member here.

Ronnie has come a long way since then and has very few behaviors as do the other two. His family told me once that we were miracle workers and, **I'll tell you as I told them-** we are not the miracle, he is. They are, rather. We just helped them along and they did all the work.

Ronnie enjoys going out into the community now, **when before he couldn't.**

He has seen the inside of stores and food places that he never was able to before, due to behaviors. He enjoys going to YMCA and swimming and he walks on treadmill every day. He, too, has lost a lot of weight and continues daily to work to reach his goals. He still wants to eat, or talks about eating a lot, but he does really well following his diet plan, with staff assistance.

In closing, I just want to say thanks to these three guys for all they do for me. I love them dearly and think of them as **brothers. I couldn't ask for three better guys to take care of.**

So, next time you see **them, if you don't mind,** give them a high five or a pat on the shoulder, because they are true success stories, have worked really hard and continue working hard every day to get to where they are physically and mentally.

Before I end this article, I would like to also thank all of the staff at McCuiston for all their hard work and dedication as well. Thanks, guys and gal!

Did you know?

Updates are ready for your computer.



Whenever you see the Microsoft update shield in the in the icon tray, in the lower right hand side off your computer screen, please be sure to click on it and allow the updates to run.

Critical security updates are included in these.



"May the Sparkle be with you"





Sparkle, continued

(Continued from page 1)

Raises haven't been possible for far too long. Our co-workers occasionally frustrate us when, at least in our own opinion, they **aren't pulling their share of the load.** We have state and federal surveyors and auditors knocking at our **doors.** **We're short-staffed** and have to compensate. **We simply don't have** enough hours in the day to get everything done.

Everyone experiences frustration from time to time in whatever job they may have, be it at Michael Dunn Center or someplace else. In my many years **of service in this field, I've** seen it all before.

Reminding ourselves to keep the sparkle helps maintain our focus on the reason we do what we do. In my opinion, there is no greater group of people with whom to be associated than the individuals who receive much needed supports to help them progress through their daily routines, and the hard-working, dedicated employees who provide that support.

The article by Brian Phillips, on pages 2-3 of this newsletter, is a fine example of such dedication. I look at long-time employees like Karen Gallaher and still see the sparkle. And Jim Henry was right-

through her actions and enthusiasm, Michael Butler frequently reminds us to keep a sparkle in everything we do.

It's important that we maintain that enthusiasm, especially for the individuals we support. Having the hindsight of 32 years **with this agency, I've seen** such enthusiasm in many employees.

When I became the agency trainer some years ago, one of my concerns was how I could possibly keep my training fresh, time after time, day after day, year after year. But one of the best parts of that job was the ability to speak directly to new employees, so that I could give them a proper orientation to our work and attempt to instill that caring in each of them from the beginning.

One bit of feedback that I heard occasionally from employees was that they appreciated the enthusiasm that I brought to my classes, even after all my years on the job. If I was able to convey that sentiment, then I feel I did my job as an instructor.

Keep the sparkle in what you say and in what you do. To borrow another phrase- **"walk the walk; don't just talk the talk".** Always set the right example for others in your words and actions.

Things have changed a great deal over the years, especially from the per-

spective of those of us who have been here from the early days of former Executive Director Eileen Harris, through the middle **years under Kyle Hauth's** direction, and on to the present, with Mike McElhinney as president.

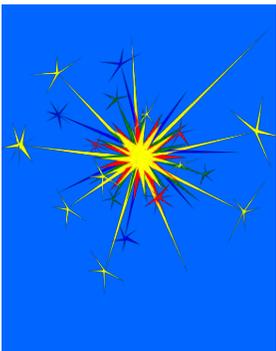
Though it has changed in many ways, Michael Dunn Center remains essentially the same. Jim Henry recalled sitting in the dunking booth for Michael Dunn Center in the early days, when he was Mayor of Kingston. I remember doing time in that same dunking booth. Three balls for a dollar! I also remember standing on the corner of Race and Kentucky streets with a bucket, asking for donations.

Now, with recent creation of the Michael Dunn Foundation Legacy Society, and attempts to obtain major donors, **we've "upped the ante".** We no longer have to sit in dunking booths or stand on the corner collecting **dollars, but we're still trying** hard to obtain sufficient funding. (Wade Creswell or Lindsey Stevens would be glad to talk with you about fund raising opportunities).

It was especially good to have so many faces from years past visiting, together at one time, during the dedication. Eileen, Jim, and former Board Chairman Russell Simmons each asked to be shown

(Continued on page 5)

I encourage each of you to keep a sparkle in your eyes, a passion in your heart, and commitment in your actions.



Sparkle, continued

(Continued from page 4)

around a bit and all were very impressed with the physical improvements and changes we've made to the facility.

Jim Henry is currently the Commissioner of DIDD and Eileen Harris has been with Omni Visions for the many years since she left. They still have the sparkle in them. **Kyle Hauth's heartfelt reception** from all of the attending service recipients is a good example of the mutual devotion they have for one another. As Executive Director of Orange Grove Center, in Chattanooga, he offers the same enthusiasm for his work with them that he did with us.

Judge Simmons is no longer active with us, but it was apparent when he visited that he still cares a great deal about the work we do. Each of these individuals has provided services to individuals with disabilities for many years, and each has kept the "sparkle" in their hearts.

I encourage each of you to keep a sparkle in your eyes, a passion in your heart, and commitment in your actions. Be that person for whom, now, and in years to come, the observation can be made that "I can see the sparkle in your eyes".

**Keep
The
Sparkle**

HRC STANDS FOR HUMAN RIGHTS*

Tiffany Whittenbarger

*Definition of Human Rights Committee (HRC): a group of individuals who meet on a regular basis to review and approve restrictive interventions, review psychotropic medication usage and review complaints of violation and other rights-related issues. *In other words, the Human Rights Committee (HRC) takes a stand in support of personal rights.*

Michael Dunn Center serves as a Local Human Rights Committee. Local HRC's must be authorized to perform HRC functions by the DIDD Regional Director. In 2012, Michael Dunn Center will be in our fourth year as a Local Human Rights Committee.

There are several requirements for maintaining authorization as a Local HRC. We are responsible for operational oversight on any HRC changes that occur throughout the year, for ensuring that all other HRC performance standards and requirements specified in chapter 2 of the Provider Manual are met, and for reporting to the Regional HRC chairperson.

Human Rights Committee Members ensure that a less restrictive intervention has been considered or tried and determined to be contraindicated or ineffective, before approval of more restrictive intervention.

The HRC shall establish a schedule that ensures annual review of psychotropic medications are completed within twelve (12) calendar months of initial or previous review.

A psychotropic medication is a chemical substance that acts primarily upon the central nervous system, where it alters brain function, resulting in temporary changes in perception, mood, consciousness and behavior.

When implementation of restrictive interventions are proposed in the absence of behavior services, or are discovered to have been implemented by a provider without proper approval, then approval must be obtained from the HRC. The purpose of such review is to determine if restrictive intervention is warranted and whether behavior services are needed. Approved interventions must be reviewed annually by the HRC.

Examples of restrictive interventions include locking up cleaning supplies and hazardous materials, using Plexiglass on windows, prescribing fluid restrictions, use of video/audio monitors, protective gloves, safety helmets, gait belts, door alarms, belts on wheel chairs & shower chairs, sleep aids, bed shakers and other potentially restrictive practices.

No one may ever restrict an individual without proper approval from the Local Human Rights Committee.





*On
The
Run
At
Michael
Dunn*

On the Run

QUALITY WORK CREW

"Hi-Ho, Hi-Ho, it's off to work we go!"

One might chant this cartoon jingle if they were at work programs Monday thru Friday, at 9:00 am.

They would definitely be observing the Quality Inn work crew, sporting their green uniform work shirts, lunch boxes in tow, loading onto van #112, headed to the job-site.

Sometimes they're laughing, sometimes they're deep in conversation, sometimes they're just quiet, but seldom do they complain. They enjoy what they do.

Nearly eighteen months ago, the first crew of three service recipients and me (as the job coach) began our house-keeping duties at Quality Inn. I was a little intimidated, never have I been a hotel housekeeper before. Now, my crew and I can certainly boast, "We are professionals!"

So pleased with our skills, Quality Inn General Manager Kevin Mee*, requested a second crew. Luz Gongora and her

crew of three service recipients joined us. Business was booming a few months later and Mr. Mee requested yet a third crew, which included Karen DuBose and another crew of three.

Unfortunately, business was not enough to sustain three crews and the third crew was just **recently placed on an "as needed" basis.**

When business warrants, such as for ball tournaments, fishing tournaments, and the infamous 127 Yard Sale, which is held the first week in August, the third crew will gladly help out.

My crew consists of Karen D, the bed maker, a task she takes great pride in; Judy D., who cleans the bathrooms, **and, to quote Judy, "I got that tub shining like a gold mine!!"; and Bobby K., who vacuums and dusts, gleefully collecting the loose change he finds under the bed skirts.**

Luz's crew, Anne C., Rosa H., and Phillina G., often rotate their tasks, taking turns as to who will do what each day.

Mary Ann Rymer

They work very well together.

Karen's crew is Ryan D., Brian W., and Leta H., respectively. Should an appointment or other reason keep the recipient from going to the hotel, subs temporarily fill in. They include Julia J., Tammy H., Buster R., and others.

Sometimes, if you were to stand outside the door, you would hear us singing (out of tune, of course) a **rendition of "On Top of Spaghetti" or "Amazing Grace".**

Granted, there are bad days, such as when a **customer has "trashed" a room, but, thankfully, those days don't last forever.**

Bree Capps, housekeeping supervisor at Quality Inn, said she enjoys having Michael Dunn crews around and she loves every one of them. I put a few words in her **mouth when I said, "So what you're trying to say is, we're consistent, we're dependable and we're just plain awesome!!!"**

She agreed.

Editor's note: Kevin Mee is the son of Frank Mee, a long-time member of our Human Rights Committee.

MDC OPENS TWO NEW HOMES Denise Jandro

On July 27th, Michael Dunn Center moved four service recipients into the new CG Sexton and CR Lay homes, on Walker Street, in Harri-

man. After a full day of moving and cleaning from Engineering and Nursing, there was a celebration at the new CG Sexton Home.

We had visitors from **Robert's home and Hope Haven Two**. We had so many people pitching in to help that by the next morning the homes started to take shape and look like homes, instead of a jungle of boxes.

It was reported to me that all four recipients slept soundly that night.

The two new homes were purchased after much deliberation and realization that there was poor accessibility during inclement weather and slow EMS response, due to the location of the old homes.

The packing process was both difficult and interesting. Staff found old charting and old pictures that showed some history of the service recipients and Michael Dunn Center.

I would like to thank Tracy Jones, LPN House Manager at CG Sexton, Jamie Ryan, LPN House Manager at CR Lay, and all of the employees at the two homes for packing, moving and making sure the service recipients had

everything they needed.

I also want to thank Engineering for all of their hard work in the heat, and QA for helping with all of the transitions.

In the next few weeks, CG Sexton will welcome a service recipient from Hope Haven Two. After that, we hope to receive another recipient from Green Valley Developmental Center.

After working with Tab at **Robert's house**, and meeting some of the new neighbors, I think this move will provide a better lifestyle and easier access to all who live there.



AVERY TRACE CIVITAN SERVES COMMUNITY

Tonya Watts

Avery Trace Civitan Club members witnessed a miracle on Saturday, July 30th! The club prepared and served a dinner at the Love Kitchen, a program that was started many years ago at the First Presbyterian Church in Rockwood, to feed homeless and less fortunate people.

We expected, and planned to serve, 70 people. To our surprise 110 people came! We were told this is the largest group the Love Kitchen has ever seen. We were worried, extremely worried, that there would not be enough food, but we always know that God will provide. We served everyone and had food left over!

Avery Trace Civitan is blossoming into an active community service club. We provide tray treats each holiday to local nursing homes and assisted living facilities. We send Christmas cards to service members overseas. We collect suitcases for foster children, who are **removed from bad situations, so they don't have to carry their belongings in trash bags**. We also collect non-perishable food items for the local food pantries.

Club members are very happy and grateful to be a part of this ministry. Many of our services recipients are members of Avery Trace Civitans and are proud of the projects that help other people. Our favorite project is the Love Kitchen.



FIRST LADY CRISSY HASLAM VISITS THE HENRY CENTER

Sherry Chrestman



Crissy Haslam reading to children (top) and chatting with Mike McElhinney (bottom).

The Children's Reading Foundation of the Tennessee Valley launched its "Read with your Child" campaign by hosting a kickoff luncheon and fundraiser on July 21, which began at the Roane State Community College campus and ended at the Henry Center.

First Lady, Crissy Haslam, was the keynote speaker. She was joined by several Roane County dignitaries who offered their support of the Foundation's goal of having 90 percent of students reading at or above grade level by the conclu-

sion of their third grade year in school.

This campaign uses public messages of many types to inform the parents of preschool children in Roane County about a simple and loving way they can make a significant and positive impact on the future scholastic success of their children. Parents and caregivers are encouraged to take the time to read to their children a minimum of 20 minutes per day.

Following the luncheon at Roane State, First Lady Haslam finalized the mes-

sage of the Foundation by reading several books from Imagination Library to the children at the Henry Center.



Crissy Haslam reading to a group of children at the Henry Center.

Parks, continued



(Continued from page 1)

Charlie often told the story of how his long time friend and fellow board member, **Leon Hicks**, and he deposited personal checks into Michael Dunn Center's bank account in order to cover the payroll for the service recipients and employees, when revenue from jobs fell short during the 1980s.

Did you know that work programs started in Room 8, moved to the yellow building on top of the hill and then to the Henry Center, before moving to the blue (Krebbs) building? Every day I am amazed by and deeply appreciative of the dedication of all the 300 Michael Dunn Center employees to our mission of serving children and adults with disabilities and challenges.

The Charlie Parks building dedication ceremony was a helpful reminder to me that throughout our history, up to and including the present day, we are very fortunate to have an equally amazing and dedicated group of volunteers helping and supporting us as well.

So the next time you see a board member or another volunteer, please join me in saying thank you to them for freely giving of their time and talents on behalf of all of us at Michael Dunn Center.

And thank you, Charlie Parks!

Please see the Roane County News, August 15th edition, page 15.

Proper Lifting Techniques

- **Keep a wide base of support.** Your feet should be shoulder-width apart, with one foot slightly ahead of the other (karate stance).
- **Squat** down, bending at the hips and knees only. If necessary, put one knee to the floor and your other knee in front of you, bent at a right angle (half kneeling).
- **Maintain good posture.** Look straight ahead, and keep your back straight, your chest out, and your shoulders back. This helps keep your upper back straight while maintaining a slight arch in your lower back.
- **Slowly lift** by straightening your hips and knees (not your back). Keep your back straight, and don't twist as you lift.
- **Hold** the load as close to your body as possible.

WHY IS TRAINING SO IMPORTANT?

Stephanie Goodson

One of the most important parts of our jobs, but possibly the least favorite, is training. I hear many times, "Well, I have to go to training" or "Ugg, I have a training class today."

Have you ever stopped to consider just why training is so important-not only the training in our work environments, but ongoing training that we receive throughout our lives? Without training, we would not be the persons we are today.

Since the day we were born, we have had training and instruction. Our parents became our first teachers from our birth. They taught us to sit up, crawl, walk, talk, love, and be the compassionate caring people we are today.

Our brains start learning before we're ever born. We learned to recognize the sweet sound of our mother's voice, which we listened to for comfort.

Think back to the first time you learned to catch a ball, write your name, drive a car, or even cook your first meal. Remember that feeling of excitement and accomplishment! That feeling does not have to stop once your reach adulthood.

Training builds confidence, and increases levels of performance, knowledge and skills necessary to live life to our best. To be able make the correct choices in our lives, training is a must.

Without training in the classroom

and on our job sites to better perform our work, without this continual learning, we are probably not reaching our potential or getting the fullest joy from life. On our jobs, we also take the chance of putting the service recipients in danger.

We must be trained on life saving techniques, such as CPR and First Aid and mealtime guidelines to keep service recipients safe while eating. We're trained on proper lifting techniques to keep our bodies and our service recipients free from injury.

We also should learn all we can about the service recipients, themselves. As each of you know, each

(Continued on page 11)



WE LOVE OUR EMPLOYEES

Lara Collins



Many of you may not know that we have an Employee Recognition Committee that meets annually to discuss ways we can show recognition and appreciation for all that you do. This year, we are continuing our Rockstar program and adding in a few new twists.

Here is how we want to say "thank you!"...

Throughout the year, we will hand out Rockstar cards for employees that go "above and beyond" their normal job responsibilities. If you receive a card, your name will be placed on the Rockstar board that is located in the main hallway of the Center. You will also be entered into a monthly drawing where you could possibly win a \$25 gift card. Winners of that drawing will be invited to attend a Management Team meeting where they will receive the gift card and a certificate of appreciation. A larger picture of the winner will be placed in another area of the Center.

In addition, we will draw a quarterly winner four times during the year and they will receive a \$100 gift card, as well as an invitation to a Management Team meeting. Quarterly winners will also have a larger picture placed on the board.

Stay tuned as we will have some surprise recognition along the way!

As always, thank you for everything you do. Your continued service to our recipients is what makes Michael Dunn Center both unique and special.



TIFFANY LAXTON, SHINING STAR!

Heidi Wiser

Michael Dunn Center would like to congratulate Tiffany Laxton on winning the Tennessee Direct Support Professional (DSPAT) Award. Tiffany won the quarterly award for all of East Tennessee.

Below is what was submitted to DSPAT by Heidi Wiser, RN ADON:



Tiffany is a kind, compassionate, conscientious Direct Support Professional. However, the traits that make her exceptional are her determination and the ability to advocate for the people she serves.

In August of 2010 a service recipient directly under Tiffany's care had what appeared at the time to be a choking episode leading to the need for CPR. Tiffany, along with fellow staff members, quickly and effectively initiated CPR. The service recipient was then taken to the emergency room via ambulance. Tiffany followed the service recipient to the emergency room, and while there acted in the role of advocate for the service recipient to ensure that the best possible care was provided by the hospital. Emergency room personnel had decided to discharge the service recipient after approximately 3 hours. Tiffany notified her supervisor appropriately, and was able to advocate effectively for further evaluation. Upon further evaluation the determination was made that the service recipient had suffered a Myocardial Infarction.

In May of 2011, Tiffany was providing hospital attendant services for the same service recipient. During the shift the service recipient suffered a life threatening event, and a code blue was called by hospital staff. At the time the service recipient had a Do Not Resuscitate order in place that had been provided to the hospital upon admission. Tiffany maintained her composure, and quickly reminded hospital staff that the service recipient had a Do Not Resuscitate order in place.

However, hospital staff indicated to Tiffany that the service recipient was considered a full code. Tiffany promptly notified her supervisor requesting assistance to ensure that the service recipient's Do Not Resuscitate order would be honored. Tiffany worked with this service recipient for 5 years prior to the event and loved her very much. It would have been easier to honor her own wishes and not the service recipient's wishes. The service recipient survived the event. Due to Tiffany's quick thinking and determination, the service recipient's Do Not Resuscitate order went into effect that very evening. Tiffany and her staff stayed with her almost entirely, advocating that the DNR didn't mean "do not treat." This service recipient passed away eight days later. This was very hard on Tiffany, but she was able to return to work, and within two days open the home to a new service recipient needing services. This all shows great character and a true belief in the Michael Dunn Center Mission.

Tiffany has since been accepted into nursing school. Please help us congratulate Tiffany in her accomplishments and wish her well in her future endeavors.

Denise Jandro, RN DON



Heidi presents DSPAT award to Tiffany!

FACEBOOK FRIENDS

Lindsey Stevens

Who said, "People have really gotten comfortable, not only sharing more information and different kinds, but more openly and with more people- and that social norm is just something that has evolved over time"?

This was spoken by Facebook creator, Mark Zuckerberg. Facebook is extremely popular and is becoming more popular for companies and organizations such as Michael Dunn Center.

It has become a very useful tool for Michael Dunn Center by allowing us to reach many more people and allowing us to show the community what we do on a day to day basis.

You may be wondering what you can do to help promote our Facebook page. If you have not already "liked" the Michael Dunn Center page, please do so and encourage your friends to do so as well.

We recently started a two-

week long contest to see who could refer the most people to our page, and in just one week we gained 35 friends!

Here are some things you can do to help increase our awareness:

- "Like" our Facebook page. You can find us on Facebook, or click the 'like' button on Michael Dunn Center's website.
- Send out a post asking your friends to "like" our page. This is something you can do quickly. Just ask Melinda Young, it works!
- If you see a post you like on our page, share it with your friends.
- If you know of any events or activities that would be interesting or important to share with our Facebook friends and community please let the Development Office know.

Michael Dunn Center is well

known in the Roane County community; however, there are still some people who are unsure of what we do and how much we accomplish.

We want to promote, for example, the jobs and enthusiasm of Work Programs, the activities and outings that occur in the Day Program and the many things that our students are accomplishing in the School Program, along with many other noteworthy things.

Thank you for your help and participation in our efforts raising awareness for Michael Dunn Center. If you have any questions please call Wade at extension 207 or Lindsey at extension 219.

You can also email lindsey.stevens@michaeldunncenter.org. Let's reach 1,000 friends by next year!

Editor's note: Please remember that visits to Facebook should not be done on work time.

Training, continued

(Continued from page 9)

service recipient is different and unique in their own way.

Just think, if we did not take the time to be trained or learn about the person, what we would be missing. Our service recipients each have a life story to tell. I guarantee, if you take the time to learn something new

about your service recipients, you will feel that joy and excitement about learning again.

When coming to work at Michael Dunn Center, don't think of the training as something that you are forced to do or something that you dread doing. Think about it as a way to help improve your life and a way to connect more closely to the individuals that you serve. And you just may learn something.

Michael Dunn Center

Like



Krystal Webb
melinda smith young

Sunday at 8:26pm

Melinda Smith Young likes this.



Melinda Smith Young THANK YOU !

Sunday at 8:32pm





Phone Numbers:
Poison Control.....1-800-222-1222
Abuse Investigator....1-800-579-0023

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www.michaeldunncenter.org**

Empowering
individuals
living
with disabilities and
challenges to gain
independence.

MICHAEL DUNN FOUNDATION HONORS FIRST MEMBERS OF THE MICHAEL DUNN FOUNDATION LEGACY SOCIETY Wade Creswell

The Michael Dunn Foundation hosted a reception and dinner on June 30, 2011 to honor the charter members of the Michael Dunn Foundation Legacy Society. The Legacy Society was established to show the community how important the mission of Michael Dunn Center is to **the Foundation's most ardent supporters. Each honoree had a personalized star placed above the Michael Dunn Foundation Legacy Society logo in the Michael Dunn Center front lobby.**

The members honored at the Legacy Society reception and dinner were: Dorothy & Martin Skinner, Jim & Angie Condra, Mac & Aileen McElhinney, and Jerry & Gail Christian. The Michael Dunn Foundation Board of Directors and Michael Dunn Center Management Team celebrated the unveiling of the Legacy Society wall of stars during the reception.

While giving her remarks to all the attendees after being presented with her star and commemorative plaque, honoree Dorothy Skinner challenged all supporters of the mission of **Michael Dunn Center to donate by leaving the residual income of their IRA's to the Foundation. She also encouraged all Board members to include the Foundation in their wills. "Just think of where the people served by Michael Dunn Center would be without our support,"** said Ms. Skinner.

The mission of Michael Dunn Center for forty years has been to empower individuals living with disabilities and challenges to gain independence. The Michael Dunn Foundation supports **MDC's mission by raising funds and managing the assets used by MDC to provide services.**

Pictured, left to right:
Angie and Jim Condra,
Dorothy and Martin Skinner,
Gail and Jerry Christian.

